



House of Wellness

THE PROGRAM

House of Wellness is a weekly 1 hour show on health, wellness and beauty. A platform for national & local advertisers; sponsored by Chemist Warehouse.

JO STANLEY: Performer, writer, TV and radio presenter, is passionate about mindfulness and meditation and its profound benefits for health, life balance and happiness. She is also an advocate for women's and girl's health, gender equality and healthy, respectful relationships.

ZOE BINGLEY-PULLIN: Zoe Bingley-Pullin is a Nutritionist, Mother and Chef. Her passion for food has empowered her to help many people embrace the benefits of food through education. By improving people's knowledge and understanding of food, she believes they're able to create and sustain a healthier and more delicious life and their very own love affair with food.

GERALD QUIGLEY: Gerald is a practising Community Pharmacist, as well as an Accredited Herbalist. These joint qualifications give Gerald a unique overview of health from both a traditional and holistic perspective. Each week on The House of Wellness Gerald takes calls on relevant subjects being discussed in the show, and provides comment and observations across his areas of expertise.

SALLY OBERMEDER: Co-host of Channel 7's afternoon show The Daily Edition, best-selling author of Never Stop Believing, Super Green Smoothies & The Good Life, plus the CEO and creative director of lifestyle website SWIISH.com...it's an exhaustive list, but it's why Sally Obermeder has become one of Australia's most loved and admired personalities.

AVAILABILITY & DELIVERY

Availability	Sunday 0800 to 0900
Delivery	Satellite
Price	1 x 30 sec Breakfast rate per show



CONTACT US

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